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# ERASMUS+ BLENDED INTENSIVE PROGRAMME

## Integrating Innovation and Cultural Traditions for an Inclusive Environment in Education

PROGRAMME  
Daugavpils University, Latvia  
Physical part: May 4-8, 2026

DATE	TIME	ACTIVITY	Responsible person
<b>SUN</b> 3 <sup>rd</sup> May		Arrival to Daugavpils, accommodation at Medical College (Miera street 3/5) and DU (Sporta street 8) dormitory	<i>Project coordinator</i> Inese Hodanova
<b>MON</b> 4 <sup>th</sup> May	10:00	Opening of the BIP, welcome words  Ice breaking activities. Students' presentations.  Developing activities for an inclusive environment according to your future career direction: "Using homemade masks for creativity and entrepreneurship" (work in groups).  <i>Results:</i> to deepen the professional competencies of future teachers in the context of artistic literacy.  <i>Address: Parādes street.1, room No. 115</i>	<i>Project coordinator</i> Inese Hodanova,  <i>PhD, professor, Centre of Sustainable Education, Institute of Humanities and Social Sciences, Daugavpils University</i> Dzintra Iliško,  <i>Dr. paed., Mg. psych., docent, Department of Sport, Faculty of Natural Sciences and Healthcare, Daugavpils University</i> Jeļena Badjanova
	13:00	<b>Lunch</b>	
	14:00	Practical lesson: Experience of Inclusive Practices in Different Cultures in Daugavpils  Objective: to develop a complex understanding of the possibilities and experience of Implementing Inclusive Education in Daugavpils  <i>Address: Parādes str. 1, room No. 115</i>	<i>Head of Daugavpils 4th Preschool Educational Institution</i> Jekaterina Jankovska,  <i>PhD, professor, Centre of Sustainable Education, Institute of Humanities and Social Sciences, Daugavpils University</i> Dzintra Iliško,  <i>Dr. paed., Mg. psych., docent, Department of Sport, Faculty of Natural Sciences and Healthcare, Daugavpils University</i> Jeļena Badjanova
	15:30	Daugavpils sightseeing tour <i>Meeting in front of the University, Parādes str. 1</i>	<i>Guide</i> Artūrs Fišers
<b>TUE</b> 5 <sup>th</sup> May	10:00	Introductory tour. Production of not only wooden toys under its own brand, outdoor furniture for kindergartens. Innovation: toys for children with autism, created using artificial intelligence and high technology. <i>Meeting in front of the University, Vienības str. 13</i>	<i>Entrepreneurial activity (creator of business ideas)</i> Diana Arhangel'skaya, Daugavpils, Latvia  <i>Accompanied</i> Jeļena Badjanova, Dzintra Iliško
	13:00	<b>Lunch</b>	
	14:00	Workshop "Holistic approach in the promotion of karate-do"	<i>Dr. paed., as. professor, Department of Sport, Faculty of Natural Sciences and Healthcare, Daugavpils University</i> Sergejs Čapulis  <i>Accompanied</i> Dzintra Iliško

		Results: To deepen professional competences of future teachers in the context of sport literacy  <i>(Bring sports shoes and sports clothes, towels and cleaning supplies)</i>	
	16:00	Workshop “Integrating Latvian folk-dance elements into the learning environment”  Results: Preservation of the basic values of Latvian folk-dance traditions (ethnography, music, rituals, dance).  Intercultural evening.  <i>Address: Parades str. 1, Assembly hall</i>	<i>Mg. paed., Daugavpils University, choreographer of the Dance studio "Laima" Marita Irbe</i>  <i>Accompanied Dzintra Iliško</i>
<b>WED</b> <b>6<sup>th</sup></b> <b>May</b>	10:00	Observation of the pedagogical process at Daugavpils Friendly Call Secondary School. Observing an inclusive environment  Results: Observing an inclusive learning environment, analyzing the planning and organization of the educational process, possible teaching methods and techniques, respecting student diversity and safety regulations.  <i>Address: Avenu str. 40 (Bus No. 17A)</i>	<i>The head of Daugavpils Friendly Call Secondary School Kristīna Ivancova</i>  <i>Accompanied Dzintra Iliško</i>
	12:00	<b>Lunch</b>	
	14:00	Study tour: departure to the city of Ventspils ( <i>Meeting in front of the University, Vienības str. 13</i> ) Overnight stay at the Rest area Buki ( <i>Buki, Vārve parish, Ventspils region</i> ) <i>(Bring sports shoes and sports clothes)</i>	<i>Accompanied Dzintra Iliško</i>
<b>THU</b> <b>7<sup>th</sup></b> <b>May</b>	10:00	Visit to Mini Zoo Buki ( <i>Buki, Vārve parish, Ventspils region</i> ) Activities on the Baltic Sea coast ( <i>Ventspils beach</i> )	<i>Implemented Dr. paed., Mg. psych., docent, Department of Sport, Faculty of Natural Sciences and Healthcare, Daugavpils University Jeļena Badjanova,</i>  <i>Accompanied Dzintra Iliško</i>
	13:00	<b>Lunch</b>	<i>Cafe “Sea Breeze” Vasarnīcu Street 34</i>
	14:00	Visiting in the Science centre “VIZIUM”: Exhibition hall visit and Science Show  <i>Rūpniecības str. 2, Ventspils</i>	<i>Guide from the the Science centre “VIZIUM”</i>  <i>Accompanied Jeļena Badjanova, Dzintra Iliško</i>
	17:00	Visiting to the city of Ventspils:	<i>Accompanied Jeļena Badjanova, Dzintra Iliško</i>
	18:00	Departure to Daugavpils	<i>Accompanied Dzintra Iliško, Jeļena Badjanova</i>
<b>FRI</b> <b>8<sup>th</sup></b> <b>May</b>	10:00	Students’ presentation “Demonstration of activities for an inclusive environment in modern education” (work in groups) and feedback.  <i>Parades str.1, room No 115</i>	<i>PhD, professor, Centre of Sustainable Education, Institute of Humanities and Social Sciences, Daugavpils University Dzintra Iliško,</i>  <i>Dr. paed., Mg. psych., docent, Department of Sport, Faculty of Natural Sciences and Healthcare, Daugavpils University Jeļena Badjanova</i>
	12:00	<b>Lunch</b>	
	13:00	Final BIP remarks. Reflections of the students. Closing ceremony <i>Parades str. 1, Room No. 419</i>	<i>Project coordinator Inese Hodanova</i>

	Goodbye coffee and snacks ☺	
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### Online part: April 22-24, 2026

DATE	TIME	ACTIVITY	Responsible person
<b>WED 22<sup>nd</sup> April</b>	13:00	Introduction session of the BIP programme. Introductory section: information on project implementation stages and content.	<i>Project coordinator Inese Hodanova</i>
	14:00	Lecture: Inclusive Education practices' in Latvia.  Objective: create awareness about the importance of inclusive in Latvia.	<i>PhD, professor, Centre of Sustainable Education, Institute of Humanities and Social Sciences, Daugavpils University Dzintra Iliško,  Dr. paed., Mg. psych., docent, Department of Sport, Faculty of Natural Sciences and Healthcare, Daugavpils University Jelena Badjanova,  Dr. paed., as. professor, Department of Sport, Faculty of Natural Sciences and Healthcare, Daugavpils University Sergejs Čapulis</i>
<b>THU 23<sup>rd</sup> April</b>	13:00	Lecture: Inclusive Education and Sport in Klaipeda (Lithuania).  Objective: to raise awareness about the value of a healthy lifestyle and the importance of physical activity in Klaipeda.	<i>Executive Board Member of European Olympic Academies, Presidents of the Lithuanian Olympic Academy, professor of the Klaipeda University, Lithuania Dr. Asta Šarkauskienė</i>
	14:30	Lecture: Inclusive Education in Poland.  Objective: to form participants' perceptions of the inclusive education system in Poland. Create awareness about the importance of inclusive and preparing teachers for organizing the educational process at school.	<i>Dr. paed, John Paul II University of Applied Sciences in Biala Podlaska, Poland Joanna Waszczuk  Dr. paed., John Paul II University of Applied Sciences in Biala Podlaska, Poland Helena Konowaluk-Nikitin</i>
<b>FRI 24<sup>th</sup> April</b>	13:00	Lecture: Possibilities and Experience of of Sport and Inclusive Education in Bulgaria.  Objective: to acquire cultural awareness and self-expression in sport and transversal competences for improvement of pedagogical process. To improve pedagogical knowledge and skills of future teachers by implementing basic principles of integrity in pedagogical practice.	<i>St. Cyril and St. Methodius University of Veliko Turnovo, Bulgaria. Head of Theory and Methodology of Physical Education Department, Faculty of Education Svetoslav Stefanov Stefanov</i>
	14:30	Lecture: Innovative thinking in the realization of personal potential in the context of entrepreneurial activity.  Objective: turning business ideas into successful projects, creating a strong network of contacts for personal and professional growth.	<i>Representative it.com Domains company (UK), Founder and CEO at IWA (Latvia) Natalija Japerte</i>