



**COMBINED INTENSIVE PROGRAMS (BIP)  
PROJECT APPLICATION**

<b>The title of the project</b>	<b>Multidisciplinary team collaboration in elderly healthcare</b>
<b>The aim and the task of the project</b>	<p>To promote effective multiprofessional team collaboration in senior healthcare, ensuring comprehensive, coordinated, and patient-centered care to improve seniors' health status, functional abilities, and quality of life, while reducing hospitalization and care-related risks.</p> <ol style="list-style-type: none"> <li>1. To analyze the care needs of seniors and the significance of a multiprofessional approach in healthcare.</li> <li>2. To develop collaboration skills for students and specialists within a multiprofessional team.</li> <li>3. To facilitate interdisciplinary and intercultural experience exchange in senior care.</li> <li>4. To develop examples of patient-centered care solutions for seniors.</li> <li>5. To enhance participants' professional, communication, and digital skills.</li> <li>6. To strengthen sustainable international cooperation in healthcare education and practice.</li> </ol>
<b>Methods and results</b>	<ul style="list-style-type: none"> <li>- Lectures and group work;</li> <li>- Site visits to healthcare institutions;</li> <li>- Discussions and masterclasses;</li> <li>- Training in a clinical environment.</li> </ul>
<b>Selected priority</b>	<p><input checked="" type="checkbox"/> Participation in democratic life</p> <p><input type="checkbox"/> Digital transformation</p> <p><input type="checkbox"/> Environment and the fight against climate change</p> <p><input type="checkbox"/> Inclusion and diversity</p> <p><input type="checkbox"/> Other</p>
<b>Participants</b>	<p><input checked="" type="checkbox"/> Students</p> <p><input type="checkbox"/> Staff</p> <p><input type="checkbox"/> Students and staff</p>
<b>Physical mobility date (from – to)</b>	<b>13.04.2026 – 17.04.2026</b>
<b>When do the virtual mobility part be implemented?</b>	<i>09.04.2026</i>
<b>Description of virtual part</b>	"Introductory Session: The Role of a Multiprofessional Team in Senior Healthcare"

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Responsible person</b>
09.04.2026 Virtual component	15:00 – 17:00	Lecture: "The Role of a Multiprofessional Team in Senior Healthcare"	Doctor Ilja Degtjarjovs



		Lecture/ discussions "Age-Friendly Environments for Older Adults: A Physiotherapy Perspective"	Assoc. Prof. Kadirhan Ozdemir Izmir Bakircay University, Turkiye
13.04.2026	10:00 – 11:00 11:30 – 12:30 12:30 – 14:30 14:30 – 15:30 15:45 – 16:45	Introduction of participants – presentations  Psychologist: Ice-breaking activities Lunch Psychologist Psychiatrist	A. Rubika  Tatjana Uzole  Aleksejs Ruža Kamila Kuzmina
14.04.2026	10:00 – 11:00 11:15 – 12:15 12:15 – 14:15 14:00 – 15:00 15:20 – 16:20	Specifics of geriatric patient education  Social care for seniors in Latvia Lunch Specifics of healthcare for seniors  Specifics of healthcare for seniors Nursing in senior healthcare and palliative care	Prof. Dzintra Iliško    Magdalēna Ignatova
15.04.2026	10:00 – 12:00 12:00 – 14:00 14:00 – 15:00 15:20 – 16:20	Physiotherapist's work with seniors Lunch Occupational therapist's work with seniors Nordic walking	J.Trifanova/A.Rubika  Lija Gadžialijeva Larisa Silova
16.04.2026	10:00 – 12:00 12:00 – 14:00 14:00 – 16:00	Visit to Daugavpils Psychoneurological Hospital and Daugavpils Regional Hospital Lunch Visit to a Day Care Center and a Nursing Home	N.Degtjarjova  L.Lukjaņenko A.Rubika
17.04.2026	10:00 – 12:00 12:00 – 14:00 14:00 – 15:00 15:20 – 16:20	Sightseeing tour "Discover Daugavpils"  Lunch Reflections / Feedback session Social evening at "Orange Bowling"	A.Rubika, L.Lukjaņenko